

## Client Information

Surname		DOB	
First Name			
Address			
Phone Number/s	Mobile	Home	
	Work		
Email Address			
Occupation			
Medicare Number			
Next of Kin		Ph No:	

GP
Address
Phone Number/s
Provider Number

Referring Health professional (if different from GP listed above)
Address
Phone Number/s
Provider Number
Referral Date
How did you hear about my services?

## About NuActive Health

Here at NuActive Health we are committed to providing our clients with the very evidence based counselling, education, support and practical solutions for your mental and general well being.

We understand seeking psychological services is not always easy, and so at NuActive Health, we try to make you as comfortable as possible. Our practical approach enables us to easily connect with clients who experience anxiety, depression, eating disorders, relationship difficulties, stress, trauma, anger management as well as other life challenges. We are here to help you through these difficult times, and if at any time you are finding treatment too demanding or difficult to attend regularly, we encourage you to discuss this with us so we can help you further. It is not recommended to delay appointments if you are not progressing well –we believe this is when you need to see us the most.

## Psychological Service Agreement

The following terms outline the nature of the psychological service you will receive.

The records pertaining to the psychology service you receive are an integral part of your treatment, and are required to be maintained and stored in a confidential location.

In accordance with national Privacy Principles from the Privacy Amendment (Private Sector) Act 2000, you have the right to access your health records.

By signing this document, you provide your consent for relevant information to also be obtained from other service providers such as a GP or mental health service. It also acknowledged that you are aware that you may withdraw your consent at any time.

The following situations could give rise to your records being provided to a third party:

1. Court Subpoena; or
2. Notification to NSW Department of Community Services (DoCS) in accordance with the Children and Young Persons Act 1998; or
3. Disclosure of information to protect you or another person who may be at risk; or
4. Prior approval has been obtained to:
  - a. Provide a written report to another professional or agency, eg GP or Lawyer; or
  - b. Discuss the material with another person, eg Employer, Professional Supervisor.

Each session is typically 50 minutes in length, unless specified beforehand. The consultation fee is \$240. If you have a pension card or severe financial difficulties, please discuss this with your psychologist at the earliest convenience.

The fee is payable at the time of the consultation. Payment options include cash, cheque, EFTPOS or credit card (Visa, Mastercard or Bankcard). In the event a consultation is cancelled or rescheduled with less than 24 hours notice, for any reason, the following fees apply:

Full consultation fee for less than 24 hours notice

Half consultation fee for less than 48 hours notice

No fee for more than 48 hours notice.

This fee is payable at or before the time of the next consultation.

## Medicare Rebate

If your General Practitioner has completed a Mental Health Care Plan (Item 2710) you are entitled to a rebate from Medicare of \$93.35 per session. Please note that there is a limit to how many sessions for which you can obtain a rebate. Medicare will rebate 10 sessions of individual therapy per calendar year, with a review required by your referring doctor after 6 sessions. It is your responsibility to ensure that your plan is current, i.e., that it was issued within the last 12 months; and to keep track of how many sessions you have utilised with any psychologist.

Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

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